

Transportation Information

How to get to University of Helsinki

Getting around Helsinki using public transport is easy. A journey planner, timetables and maps can be found at <https://www.hsl.fi/en>

<http://www.reittiopas.fi/en/>

Directions

From Helsinki Airport to University of Helsinki

Distance: 20 km

Time: 30 min by train, 30-45 min by car/taxi, 40-60 min by bus

Cost: train and regular bus 5,50 Eur, Finnair bus 6,30 Eur

From Helsinki Vantaa Airport, take the train, regular bus 615 or the Finnair bus to downtown Helsinki. Arrive at Helsinki railway station, walk along Keskuskatu-street to Stockmann's department store and take tram no 4. Exit at the Senate Square tram stop (Senaatintori) and the University of Helsinki is across the street, next to the Helsinki Cathedral.

From the railway station it is also a short walk to the University of Helsinki, approx. 500m.

Walk towards Ateneum (Museum of Finnish Art), turn right along Mikonkatu-street. From the next corner turn left and walk up Yliopistonkatu-street towards the University of Helsinki.

From the train station to University of Helsinki

Distance: 500 m

Time: 10 min walk, 15 min by tram

From Helsinki railway station, walk along Keskuskatu-street to Stockmann's department store and take tram no 4. Exit at the Senate Square tram stop (Senaatintori) and the University of Helsinki is across the street, next to the Helsinki Cathedral.

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FINLAND

Finland is a safe and smoothly functioning, reliable destination, easily accessible from all over the world. Its geographical location between East and West makes it interesting as a conference venue, attracting delegates from all over the world.

High educational standards have contributed to Finland's emergence as a country of high technology. Finland is well known for its mobile phones and boasts more Internet connections per capita than any other country.

Finnish culture is often summarised as "sauna, sisu and Sibelius". We were celebrating our most famous composer Sibelius' 150 years anniversary last year.

Finnish sauna culture can be experienced anywhere from public saunas to swimming halls. This escapist tradition so beloved by hardy Finns involves socialising, relaxing and usually swimming, either in the sea, a lake or a swimming pool.

HELSINKI

Throughout its 450-year history, the maritime city of Helsinki has swung between the currents of Eastern and Western influences. The lifestyle in the second most northern capital in the world is full of contrasts and fascinating culture and traditions. Influences from both the East and West are visible in the city's architecture, cuisine, events, traditions and many other elements that are unique to the way of life in Helsinki.

Helsinki's architecture is typified by Nordic minimalism and refinement, yet at the same time the styles

of different periods can be clearly seen. The contrasts between Eastern and Western influences are most noticeable in the city's two main cathedrals. The unostentatious Lutheran Helsinki Cathedral and the Byzantine redbrick Uspenski Cathedral with its golden cupolas compete for attention within a stone's throw of each other.

Helsinki is one of the safest cities in Europe and friendly towards residents and visitors alike thanks to its cleanliness and functional urban planning. Food hygiene and the quality of drinking water are of the highest order and are matched by the city's other essential services.

Both Helsinki and its residents have a personality and charm that are easy to get to know. The people are open and uncomplicated, regardless of whether they are serving customers or enjoying their time off. The city is open to new winds and trends, as demonstrated by the trendy and laid-back atmosphere.

GENERAL INFORMATION

Climate

The average day-time temperature in Finland in August is around 17-25°C (63-77°F). Evenings may be cooler. Fairly warm weather with occasional rain showers is likely. So you might benefit from packing both lighter and warmer clothes and an umbrella!

Currency

The official currency in Finland is the euro (€). Most major credit cards are accepted in hotels and shops. VISA, MasterCard, Eurocard and Amex are accepted at the registration desk. Personal or company cheques will not be accepted at the registration desk or shops. Traveller's cheques can be cashed at banks and exchange bureaus.

Electricity

230 V (formerly 220 V), 50 Hz

Insurance

The Organising Committee will take no liability for personal injuries sustained by, or for loss or damage to property belonging to symposium participants, either during or as a result of the symposium. All participants are recommended to have travel insurance to cover non-attendance due to illness or other unforeseen circumstances.

Local transportation

The tram or bus tickets inside the Helsinki area costs 3,20 €. In your IAL8 symposium material you will find a free ticket for five days (1.-5.8.2016) which is valid in Helsinki as well as the neighbouring cities of Espoo and Vantaa. The card is valid in trams, busses, metro and on the HSL ferry to Suomenlinna. If you need a taxi, you can order one through the Helsinki Taxi Centre. The phone number is +358 (0) 100 0700.

Smoking

Smoking is prohibited at all venues.

Time

Time zone in Finland: GMT + 2 hrs

Tipping

All restaurant prices and taxi fares include service, but good service in the restaurant can be rewarded with a tip. Tipping is at the guest's discretion in hotels.

Registration and information desk

Opening hours during the Symposium:

Sunday 31 July, xx:00 – xx:00

Monday 1 August, xx:00 – xx:00

Tuesday 2 August, xx:00 – xx:00

Wednesday 3 August, xx:00 – xx:00

Thursday 4 August, xx:00 – xx:00

Friday 5 August, xx:00 – xx:00

Practical information

Congress Bureau: Confedent International

IAL8@confedent.fi

www.confedent.fi

Name badges

The participants are to wear their symposium name badge at all times when at the symposium site. If you have lost your badge, please contact the registration desk.

Lunch

Lunch is included in the symposium registration fee.

Certificate of attendance

A letter certifying your attendance, signed by the chairperson of the Congress Organizing Committee will be available upon request at the registration desk.

NB! Photographing of the presentations, particularly the PowerPoint presentations is forbidden. This is to protect the presenters' copyrights.

Addresses and telephone numbers

Congress venue

University of Helsinki, Main Building

Fabianinkatu 33
00100 Helsinki
Tel.: +358 29 41911

Hotels

Original Sokos Hotel Helsinki

Kluuvikatu 8
00100 Helsinki
Tel.: +358 20 1234 601

GLO Hotel Kluuvi Helsinki

Kluuvikatu 4
00100 Helsinki
Tel.: +358 10 3444 400

Radisson Blu Plaza Hotel

Mikonkatu 23
00100 Helsinki
Tel.: +358 20 1234 703

Hotel Arthur

Vuorikatu 19
00100 Helsinki
Tel.: +358 9 173 441

Eurohostel

Linnankatu 9
00160 Helsinki
Tel.: +358 9 622 0470